

Rainbow Cupcakes

Ingredients:

- 1 vanilla cake mix
- 2 eggs
- 1 cup low fat sour cream
- ½ cup milk
- 1/3 cup vegetable oil

Directions:

- For the cupcake, combine all ingredients until incorporated
- Divide batter into six bowls
- Add food colouring to each bowl to get desired colours of the rainbow
- Spray a cupcake tray and use a tablespoon to pour in one colour at a time
- Bake in oven when for 20 minutes when all colours have been added
- Ice with icing of choice

Makes:

5 cupcakes

without icing

Cals: 300

Fat: 12g

Carb: 45g

Pro: 4g