



Peanut Butter Chocolate Bars

Ingredients:

- ⅔ cup peanut butter
- 2 servings of chocolate chips
- ½ cup honey
- 1 tbsp coconut oil
- 1 tsp vanilla

- 1 tsp cinnamon
- ⅛ tsp salt
- 2 cups oats
- ⅔ cup shredded almonds
- 1 tbsp ground flax seed
- ⅓ cup shredded coconut

Directions:

1. Line a pan with parchment and grease
2. Melt peanut butter, honey and coconut oil
3. Whisk until smooth and allow to thicken and bubble
4. Remove from heat and add vanilla, cinnamon and salt
5. Fold in oats, flax, nuts and shredded coconut
6. Transfer to the prepared pan and press tops

7. Add chocolate chips to a small pot and melt
8. Pour melted chocolate onto the bars
9. Place in the freezer to cool

Makes: 10 bars

Cals: 320

Fat: 27g

Carb: 40g

Pro: 9g

